



# Milton School Newsletter

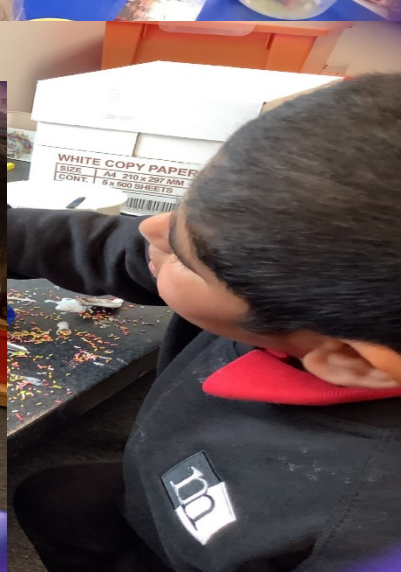
Welcome back everyone,

We have all been super impressed with your hard work and efforts this half term. Keep up the great work and have a lovely half term.

From Team Drake, Team Kingsley and Team Cook x

## Year 2

Y2 have been exploring food this half term. We have made a fruit salad and some biscuits.





## Year 3

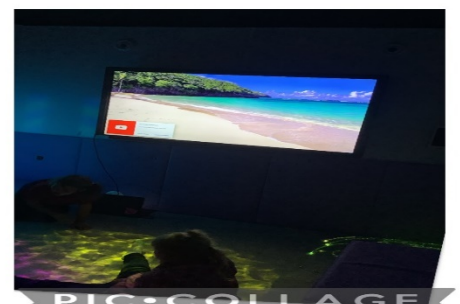
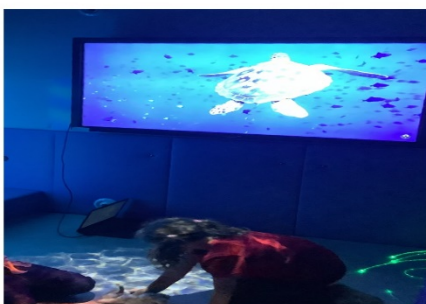
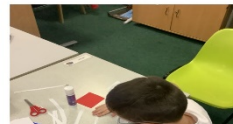
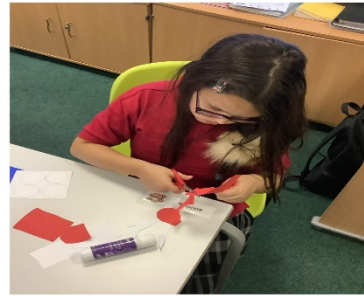
This half term y3 have been really busy. We have been reading George's Marvellous Medicine. And all pupils think Grandma is really nasty!

They have loved science finding about bones and muscles.

All the class love to sing so we have been using singing in many lessons not just in Music. Just ask about count back cat!

## Year 4

Year 4 have had a wonderful start to the new year focusing on their Transport topic. We learnt all about the history of different vehicles whilst also working on our personalised targets in class. It has been great to see the pupils enjoy the sensory room, participate in Active Maths lessons as well as practising key skills in Design and Technology.



PIC•COLLAGE

# Year 6

Y6 have had first aid training this half term from the 'I can save a life' team. They have been learning about what to do in an emergency, who to ring and what they will be asked. The pupils have also been learning how to check for injuries, bandage wounds and carry out CPR.

# Year 8



PIC•COLLAGE



PIC•COLLAGE

'This half term Year 8 have enjoyed being physically active in PE, competing in team games and learning new sports skills. In English we have been developing our ability to write complete sentences, communicate and interact in Milton Speaking Corner, listened to David Walliams stories, and sang Jolly Phonics. In Maths we have completed over 30,000 online questions on IXL since September, as well as learn through Active Maths and compete in the school's Times Tables Rockstars and Numbots competition where five out of the six prizes were won by Y8 pupils. The class have also learnt via Preparation for Adulthood about Road Safety by walking around Swinton Community and understanding the dangers of Bonfire Night with our local community police officer. For targets the class have worked in teams competing in games of Monopoly or challenging each other through online quizzes through Kahoot or Quizizz. Recently we have walked to Swinton Library, taken part in Mental Health Day, National Fitness Day, Recycle Week and learnt about Black History. We have also discussed relationships in PSHCE and used these lessons to link with our All About Me in Careers where we begin discovering who we are as

person and what our beliefs and values are, and how they influence our decisions and choices in life.

Well done Year 8.

Mr Turnbull, Mr Bebbington, Miss Hitchens and Miss Drake.

## Mental Health & Wellbeing

Did you know that your physical and mental health can be connected? It is especially important now that we are coming to the Autumn and Winter months to look after our physical health too as there can be lots of different bugs going around. A good diet can help to improve our mental health. Research has shown that Vitamin C is very good at boosting our immune system, foods that are high in Vitamin C include oranges, broccoli and kiwi fruit. Studies have found that omega 3 fatty acids can help to reduce depression, which some people can often experience during the shorter, darker days of Winter. Omega 3 can be found in oily fish, such as salmon as well as some nuts and seeds, such as walnuts. If we feel good physically, it can help us to feel good mentally too.

## Careers

Edlington Hilltop Centre

Y11 students visit to Edlington Hilltop,

Thursday 21st October. This is in preparation for

the 'AQA Careers Programme' which will start in the Spring Term January to May 2022 and will Include Careers Workshops and Work Experience.

This programme is delivered through (JCP)

Job CentrePlus.





## CEIG Careers Guidance Interviews

We are really happy to be able to invite Sarah Sykes our Careers Adviser into school again after Half Term.

Sarah will meet with the Year 10 and Year 11 students for their individual Guidance Interviews.

## Enrichment

This week in enrichment we have made some delightfully ghoulish Halloween biscuits .

The students really enjoyed baking these, they were Spooktacular delicious.



## IT Tips and safety

What is Squid Game?

Netflix's Squid Game is set to become the streaming service's most successful show of all time, with huge numbers of viewers taking to social media to discuss each new episode. The South Korean thriller features some scenes of fairly brutal violence and is rated 15 by the BBFC. It follows a group of adults who compete to win innocent-looking playground games, but who are killed if they do not succeed at the tasks.

An unexpected success in terms of viewing figures, Squid Game's popularity is beginning to spread across various online platforms. There has been a slew of content created – ranging from memes to apps – that convey the violence of the show, so it is important for parents, carers and educators to

understand the basis of Squid Game and the potential risks to young people who might be exposed to it. For more information please see the below link.

<https://nationalonlinesafety.com/wakeupwednesday/squid-game-trending-across-platforms-what-parents-need-to-know>